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**ST. KLIMENT OHRIDSKI SOFIA UNIVERSITY**

**Faculty of Philosophy**

Specialty:

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**GENERAL PSYCHOLOGY IN ENGLISH MA PROGRAM**

**SYLLABUS**

Course:

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**ABNORMAL PSYCHOLOGY**

Lecturer: Assoc. Prof. Dr. Ludmilla Andreeva

Lectures and seminars	Form	Hours
	Lectures	15
	Seminars	15
<b>Total workload</b>		
	14 weekly quizzes	20
	Weekly individual work in Moodle	100
	Homework	30
<b>Total course workload</b>		
<b>TOTAL WORKLOAD</b>		<b>180</b>
<b>Credits from lectures and seminars</b>		<b>1</b>
<b>Credits from individual workload</b>		<b>5</b>
<b>TOTAL NUMBER OF CREDITS</b>		<b>6</b>

No	Grading	% of the final grade
1.	Weekly quizzes and homework	30%
2.	Final Test	70%

<b>Annotation:</b>
The course takes a scientist-practitioner approach and emphasizes the rich blend of both the science and practice of abnormal psychology throughout the text. The developmental trajectory of each condition is discussed where appropriate and scientific findings with respect to race and gender are incorporated into discussions about each condition. Biological findings are integrated with findings from social and behavioral sciences, highlighting the complexity of abnormal behavior and how it is often influenced by a wide range of variables. Students are encouraged to look at psychological disorders along a continuum and analyze disorders in terms of whether the individual's behavior creates distress or impairs daily functioning. An effort is made to "bring to life" the nature of these conditions by providing vivid clinical descriptions.

<b>Prerequisites:</b>
None

<b>Course Goals:</b>	
After finishing the course in Abnormal Psychology students will:	
<ul style="list-style-type: none"> <li>• know thoroughly the psychological, biological and socio-cultural theoretical perspectives to abnormal psychology;</li> <li>• have discussed various probable causes and correlates of behavior;</li> <li>• have learned the etiology, descriptions and theories, which underlie the diagnostic nosology of psychological disorders;</li> <li>• know the current research results and tendencies in the development and description of maladaptive behavior as well as the influence of sex and demographic variables on psychological disorders prevalence;</li> <li>• understand the benefits, critique, limitations and consequences of diagnosis and classification;</li> <li>• have a general understanding of the current evidence-based psychotherapies.</li> </ul>	

<b>No</b>	<b>Chapters:</b>	<b>Hours</b>
1	<b>ABNORMAL PSYCHOLOGY: HISTORICAL AND MODERN PERSPECTIVES</b> Normal vs. Abnormal Behavior. The History of Abnormal Behavior and Its Treatment. Current Views of Abnormal Behavior and Treatment.	1
2	<b>RESEARCH METHODS IN ABNORMAL PSYCHOLOGY</b> Ethics and Responsibility in Research. Research in Abnormal Psychology at the Cellular Level. Research in Abnormal Psychology at the Individual Level. Research in Abnormal Psychology at the Group Level. Research in Abnormal Psychology at the Population Level.	1
3	<b>ASSESSMENT AND DIAGNOSIS</b> Goals of Assessment. Properties of Assessment Instruments. Assessment Instruments. Behavioral and Physiological Assessment. Diagnosis and Classification.	1
4.	<b>ANXIETY, TRAUMA- AND STRESSOR-RELATED DISORDERS</b> What is Anxiety? What Are the Anxiety Disorders? The Etiology of Anxiety Disorders. What Are the Trauma- and Stressor-Related Disorders? The Etiology of Anxiety and Trauma and Stressor-Related Disorders. The Treatment of Anxiety and Trauma and Stressor-Related Disorders.	1
5.	<b>OBSESSIVE-COMPULSIVE AND IMPULSE CONTROL DISORDERS</b> What Is Obsessive-Compulsive Disorder? What Are Obsessive-Compulsive Related Disorders (OCDs)? What Are Impulse Control Disorders? Etiology of Obsessive-Compulsive and Impulse Control Disorders. Treatment of Obsessive-Compulsive and Impulse Control Disorders.	1
6.	<b>SOMATIC SYMPTOM AND DISSOCIATIVE DISORDERS</b> Somatic Symptom and Related Disorders. Dissociative Disorders. Malingering.	1
7.	<b>BIPOLAR AND DEPRESSIVE DISORDERS</b> Bipolar and Related Disorders. Depressive Disorders. Suicide. The Etiology of Bipolar and Depressive Disorders. The Treatment of Bipolar and Depressive Disorders.	1
8.	<b>FEEDING AND EATING DISORDERS</b> Anorexia Nervosa. Bulimia Nervosa. Binge-Eating Disorder. Feeding and Eating Disorders Often Seen in Childhood. Epidemiology, Sex, Race, Ethnicity, and Developmental Factors in Eating Disorders. The Etiology of Eating Disorders. The Treatment of Eating Disorders.	1
9.	<b>GENDER DYSPHORIA, SEXUAL DYSFUNCTIONS, AND PARAPHILIC DISORDERS</b> Human Sexuality. Gender Dysphoria. Sexual Dysfunctions. Paraphilic Disorders.	1
10.	<b>SUBSTANCE-RELATED AND ADDICTIVE DISORDERS</b> Substance-Related Disorders. Commonly Used "Licit" Drugs. Illicit Drugs and Non-Substance-Related Disorders. Etiology of Substance-Related Disorders. Treatment of Substance Use Disorders.	1
11.	<b>SCHIZOPHRENIA SPECTRUM AND OTHER PSYCHOTIC DISORDERS</b> Psychotic Disorders. Etiology of Schizophrenia. Treatment of Schizophrenia and Other Psychotic Disorders.	1
12.	<b>PERSONALITY DISORDERS</b> Defining Personality Disorders. Personality Disorder Clusters. Etiology of Personality Disorders. Treatment of Personality Disorders.	1

13.	<b>NEURODEVELOPMENTAL, DISRUPTIVE, CONDUCT, AND ELIMINATION DISORDERS</b> Intellectual Disability (Intellectual Developmental Disorder). Specific Learning Disorders. Autism Spectrum Disorder. Attention Deficit Hyperactivity Disorder. Conduct Disorder and Oppositional Defiant Disorder. Elimination Disorders.	
14.	<b>AGING AND NEUROCOGNITIVE DISORDERS</b> Symptoms and Disorders of Aging. Depression and Bipolar Disorder. Anxiety Disorders. Substance-Related Disorders and Psychosis. Neurocognitive Disorders.	1
15.	<b>ABNORMAL PSYCHOLOGY: LEGAL AND ETHICAL ISSUES</b> Law, Ethics, and Issues of Treatment. Privacy, Confidentiality, and Privilege in Abnormal Psychology. Licensing, Malpractice Issues, and Prescription Privileges. Research and Clinical Trials.	1

### *References*

- Beidel, D.C., Bulik, C.M., & Stanley, M.A. (2017). *Abnormal Psychology* (4th ed.). New York, NY: Pearson.
- При нужда за терминологията на български: Уилям Дж. Рей (2018). *Аномална психология: невронаучни перспективи към човешкото поведение и опит*. София: Изток-Запад.
- Nevid, J. S., Rathus, S. A., & Greene. B. (2018). *Abnormal psychology in a changing world*. New York: Pearson.

**November 20, 2020 г.**

**Lecturer: Assoc. Prof. L. Andreeva, Ph.D.**