



УТВЪРДИЛ:

Декан

Дата

Sofia University "St. Kliment Ohridski"

Faculty: Philosophy

Specialty: Psychology

F	F	P	3	7	0	1	1	3
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Master Program: General Psychology in English

P	3	7	0	1
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Discipline:

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Personality Disorders

Lecturer: Assoc. Prof. Daniel Petrov, PhD

Educative workload	Form	Horarium
In-class auditorium	Lectures	8
	Seminars	7
Total in-class auditorium		15
Outclass auditorium	Work with library and educational resources	75
Total out-class auditorium		75
TOTAL AUDITORIUM		90
Credits in-class auditorium		0,5
Credits Outclass auditorium		2,5
TOTAL ECST		3

№	Elements of the final grade	% of the final grade
1.	Weekly quizzes	40
2.	Exam	60

Grading Criteria	
Excellent 6	93 % correct test answers
Very Good 5	74% correct test answers
Good 4	58% correct test answers
Moderate 3	50% correct test answers

Annotation of the discipline:

Persons with a personality disorder display more rigid and maladaptive traits, thinking and reacting behaviors that often disrupt their personal, professional, and social

lives. A brief overview of the psychotherapeutic interventions for personality disorders will be provided for a basic acquaintance with the possible venues for remedying these conditions. The beliefs and attitudes to people with personality disorders and some societal and applied issues will be discussed.

Preliminary requirements:

Students should have completed *Personality Psychology* and *Abnormal Psychology* courses.

Expected outcomes:

The students will gain basic knowledge about the different types of personality disorders, their possible causes, and their dynamic and the symptoms which may be experienced.

Syllabus

Nº	Theme:	Horarium
1.	The personality disorders: history, classification and research issues ICD and DSM. Prevalence, comorbidity and etiology. Course and outcomes of personality disorders.	4
2.	Major theories of personality disorders Early and contemporary perspectives: cognitive, psychoanalytic, interpersonal, attachment model, personology, neurobehavioral, sociocultural approaches.	3
3.	Assessing the dimensions of personality disorder Categorical and dimensional models to personality disorders. Millon's evolutionary model. The Big Five model and the Five-Factor model. Cloninger's seven-factor model. The Rorschach descriptive model.	2
4.	Contemporary psychotherapeutic treatment models Supportive psychotherapy, psychoanalysis, cognitive and family therapy, behavior therapy, psycho-educational approaches, group psychotherapies, pharmacotherapy. Levels of care in treatment. Empirical research on the treatment of personality disorders.	2
5.	Living with a personality disorder Special problems: suicide risk, substance abuse, violence, gender, defensive functioning.	2
6.	Personality disorders and society Attitudes towards people with personality disorder. Organizational, forensic and multicultural issues.	2

Synopsis

Nº	Theme:
1.	Personality disorders and society
2.	Living with a personality disorder

3.	The personality disorders: history, classification and research issues
4.	Assessing the dimensions of personality disorder
5.	Major theories of personality disorders
6.	Contemporary psychotherapeutic treatment models

Bibliography

Required readings:

Diagnostic and Statistical Manual of Mental Disorders, 5th ed. (DSM-V). (2013).
 Washington: American Psychiatric Association.
 Marcovitz, H. (2009). *Personality Disorders*. MI: Lucent books.

Suggested readings:

Millon, T. et al. (2004). *Personality Disorders in Modern Life* (2nd ed.). NJ: John Wiley and Sons.
 Livesly, J. (2001). *Handbook of Personality Disorders: Theory, Research, and Treatment*. NY: The Guilford Press.
 Lenzenweger, M., Clarkin, J. (2005). *Major Theories of Personality Disorder* (2nd ed.). NY: The Guilford Press.

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