SOFIA UNIVERSITY ST. KLIMENT OHRIDSKI
FACULTY OF PHILOSOPHY

JULIA KAMBURIDIS, CHIEF ASSISTANT PROFESSOR, PHD.

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RESEARCH FIELD AND INTERESTS: Clinical psychology; Cognitive psychology; Neuropsychology; Clinical Neuropsychology; Psychotherapy

TEACHING EXPERIENCE: Clinical Psychology Seminars; Cognitive Psychology Seminars; Lectures in Cognitive Psychology

SCIENTIFIC DEGREES AND ACADEMIC POSITIONS:

PhD in Clinical Psychology

Chief Assistant Professor in Cognitive Psychology, Department of General, Experimental, Developmental and Health Psychology, Faculty of Philosophy, Sofia University "St. Kliment Ohridski"

EDUCATION:

2021–2024 PhD in Clinical psychology, Department of Social, Organizational, Clinical and Educational Psychology, Sofia University "St. Kliment Ohridski"

2017–2020 Master's Degree in Clinical Psychology, Sofia University "St. Kliment Ohridski"

2013–2017 Bachelor's Degree in Psychology, Sofia University "St. Kliment Ohridski"

2008–2013 National High School of Finance and Economics, Sofia, Bulgaria

PUBLICATION ACTIVITY:

Камбуридис, Дж. (2022). Алекситимия и шизофренна психопатология. София: БАН.

Камбуридис, Дж. (2022). Конструктът алекситимия – връзка с психичното здраве. Университетско издателство „Св.Климент Охридски".

Камбуридис, Дж., Белорешка, М., Петров, А., Карабельова, С., (2024). Здравно поведение, стрес и копинг стратегии, *Българско Списание по Психология, 4*.

Камбуридис, Дж., Белорешка, М., Петров, А., Карабельова, С. (2024). Нива на здравна тревожност при хронични заболявания, *Българско Списание по Психология*, *4*.

Buchanan, E., Lewis, S., Paris, B., Forscher, P., Pavlacic, J., Beshears, J., ... & Vega, D. (2023). The Psychological Science Accelerator's COVID-19 rapid-response dataset [Le jeu de données de réponse rapide du Psychological Science Accelerator pour la COVID-19] (No. hal-04048927).

Dorison, C. A., Lerner, J. S., Heller, B. H., Rothman, A. J., Kawachi, I. I., Wang, K., ... & Pantazi, M. (2022). In COVID-19 health messaging, loss framing increases anxiety with little-to-no

concomitant benefits: Experimental evidence from 84 countries. *Affective science, 3*(3), 577-602.

Kamburidis, J. (2024). Relationship of alexithymia with emotion regulation strategies and mental health in schizophrenic patients. *Journal of Evidence-Based Psychotherapies, 24*.

Legate, N., Ngyuen, T. V., Weinstein, N., Moller, A., Legault, L., Vally, Z., ... & Ogbonnaya, C. E. (2022). A global experiment on motivating social distancing during the COVID-19 pandemic. *Proceedings of the National Academy of Sciences, 119*(22).

Meskó, N., Kowal, M., Láng, A., Kocsor, F., Bandi, S. A., Putz, A., ... & Han, H. (2024). Exploring attitudes toward "sugar relationships" across 87 countries: A global perspective on exchanges of resources for sex and companionship. *Archives of Sexual Behavior, 53*(2), 811-837.

Rachev, N. R., Peycheva, E., Kamburidis, J., & McElroy, T. (2025). Does performance on the cognitive reflection test indicate cognitive miserliness? Evidence from response times, working memory capacity, and warnings. *Journal of Cognitive Psychology, 37*(5), 474-492.

Wang, K., Goldenberg, A., Dorison, C. A., Miller, J. K., Uusberg, A., Lerner, J. S., ... & Isager, P. M. (2021). A multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour,5*(8), 1089-1110.

CONFERENCES

EABCT 2025 – Health Behavior and Attitudes Towards Health Professionals, Poster presentation.

EABCT 2024 - Poster presentation: "Psychological Aspects of Sleep Problems: Two Clinical Cases from Bulgaria Treated with Cognitive Behavioral Therapy for Insomnia (CBT-I)".

World Congress of Cognitive and Behavioural Therapies – Poster presentation: "Emotional Aspects of Severe Mental Disorders: Alexithymia and Affective Regulation in Schizophrenia: Therapeutic Opportunities and Challenges".

Oral Presentation: "Levels of Health Anxiety in Chronic Diseases." 10th Jubilee International Congress on Psychology.

PROJECTS

2026 – *Tracking Habits and Mental Well-Being: Development and Empirical Validation of a Support Model for Young People.*

2024–2025 – *Behavioral Patterns and Environmental Policies in a Rapidly Changing Society.*

2022–2023 – *Working Memory Capacity and the Framing Effect in Risky Choices: A Preregistered Replication of Corbin et al. (2010).*
Psychological Aspects of Health Inequalities and Quality of Life.